



ST BENET BISCOP  
CATHOLIC ACADEMY

## PE Department

The Physical Education department at St Benet Biscop has proven to be very successful over a number of years. There are currently 5 members of staff in the department who work together closely and strive for excellence in all that we do.

### Key Stage 3

KS3 covers Years 7, 8 and 9. In Years 7, 8 and 9 students receive 4 lessons of core PE per fortnight. The PE department have an inclusive approach to lessons and believe that every student has the potential to succeed in some area/role of physical activity and sport. In Key Stage 3 classes are initially set in mixed ability groupings, however they do move towards settings based on ability/confidence. Students will receive a varied and wide-ranging curriculum; each half term they will complete schemes of work in 2 different activities/sports. During each half term formative assessment will take place and summative assessment will take place in the last week of each half term.

### Key Stage 4

#### Core PE

Students receive 1 lesson of core PE each week. Students in lessons at KS4 will be given options of sports to take part in.

#### Examination PE

Currently we offer BTEC Tech Award in Sport.

In BTEC Sport students receive 5 hours per fortnight; the current course is 40% exam and 60% coursework. We have two mixed ability class with approximately 18 students. Homework is set regularly each week in order to complete on-going coursework tasks and keep on top of deadlines.

In examination PE courses student performance is under constant review; targeted intervention in and out of class is offered to help support our students to realise their potential and challenge under performance.

### Key Stage 5

The department offers Pearson Level 3 National Extended Certificate and Diploma in Sport. Key Stage 5 provision is currently 9 hours per fortnight per course. Students who have studied BTEC Sport commonly progress onto sports related degrees at University.

#### Extra-curricular

The department offers a range of extra-curricular activities such as Netball, Rugby, Volleyball, Basketball and Badminton in the Autumn. Rounders, Cricket, Tennis and Athletics in the Summer. St Benet Biscop also enter local leagues for Netball and Football.